

3/3 Process

Three Thirds Meeting Format

The Three Thirds Process is a simple meeting format. It divides our meetings into three parts:

First Third - Look Back:

1. Member Care
2. Worship and Prayer
- 3. Loving Accountability**
- 4. Vision Casting**

Second Third - Look Up:

5. New Lesson

Final Third - Look Ahead:

- 6. Practice**
- 7. Goal Setting** and Prayer

This is the engine that drives the training process. This format turns ordinary study groups into a life-giving and life-changing event. Of all the elements we participate in, this is the key to training competent for confident disciple-makers.

The First Third of the Three Thirds Process consists of Member Care, Worship and Prayer, Loving Accountability, and Vision Casting. It Looks Back at the time we had to serve Jesus between sessions.

The Second Third consists of the new lesson. It is Looking Up to God in dependence on His guidance through His Word and Holy Spirit.

The Final Third consists of Practice and Goal Setting. It is Looking Ahead to the future.

You may have noticed the elements marked in **red**. These are unique components that we don't commonly find in a normal meeting but make a huge difference in life transformation. They are **loving accountability, vision casting, practice and goal setting**. These elements bring discipleship out of the realm of academia and promotes real life application! The secret is found in Jesus' Great Commission; "teaching them to obey all that I have commanded you." This format teaches disciples not just to know the commands of Christ but to obey them as well.